



- Sensible is Safe
- Fair is Fun
- Manners Matter
- Property is Personal

*Treat others as you would like to be treated yourself.*

Term 4, Week 7

Monday, 22nd November, 2010

**Calendar:**

Monday, 22 Nov	INTENSIVE SWIMMING BEGINS
Wednesday, 24 Nov	FINAL P&C Meeting – 7.30pm Guest Speaker – David Willis
Tuesday, 30 Nov	P&C Christmas party dinner RSVP and payment due
Wednesday, 1 Dec	Combined Christmas Scripture
Thursday, 2 Dec	L.H.S. C.A. Enrichment Day – Year 5
Friday, 3 Dec	INTENSIVE SWIMMING FINISHES
Tuesday, 7 Dec	P&C Christmas Party –Workers Golf Club, Chinese Restaurant - 7pm
Thursday, 9 Dec	Year 6 Farewell SCU
Friday, 10 Dec	Student Reports issued
Monday, 13 Dec	K-1 Annual Presentation Morning – 11.30am
Tuesday, 14 Dec	Presentation Evening (at a venue to be decided)
Wednesday, 15 Dec	PARTY DAY – Last day of the school year



**SWIMMING SCHOOL COMMENCED TODAY:** We rang quite a number of families this morning to chase up swimming gear left at home. From now on, the students will have to be responsible for bringing their swimming equipment each day. If they forget, they will become spectators for that day. Please support your child in this matter.

**HALL:** The Department of Commerce will still not accept our HALL as some minor defects have yet to be corrected. I hope the hand-over is **SOON!!!**

**P & C MEETING:** Wed, 24.11.10. David Willis, our NSW Teachers' Federation representative, will be the guest speaker on Wednesday evening. He will explain the need for schools to make submissions, i.e. the funding of Public Education for the future (a flyer sent home separately today).

**COMBINED SCRIPTURE:** We will hold our combined Christmas Scripture celebration in two sessions on Wednesday, 1<sup>st</sup> December.

*Ralph Taylor*



**TAYLOR'S TEASER** The local travel agency held a contest. The person who came the closest to guessing the correct number of shells in a big jar would win a weekend in Atlantic City. Nancy guessed 71, Bob guessed 68, Carol 69, Don 75, Ellen 67 and Paul guessed 70. One was correct, two were off by 1, one was off by 2, one was off by 5 and one was off by 3.

*How many shells were in the jar?*

**LAST WEEK'S WINNER:**

Jayden 4/5B

**LAST WEEK'S ANSWER:**

distance, dislodge, dismay, discover

## CANTEEN NEWS:

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MON / TUES
Louise Sharpe Mel Daly Tracey Menger	Kerry Phelps Emma Fox	Amanda Eyles Naomi Pitkin	Julie Blanksby Louise Sommerville Meredith Young	HELP PLEASE

**KINDER DANCE:** Parents are welcome to come and watch and/or participate in the Kindergarten performance of the dances the grade has been learning throughout the year. It will be held after the K-1 Annual Presentation morning on 13<sup>th</sup> December. The presentation is at 11.30 am so the Kindergarten performance should start at around 12.15 pm. We hope that you can join us at this time.



**HOME READING BOOKS:** Home Reading will end at the end of week 8 this term (3<sup>rd</sup> December). Please have all home readers in by this date so that we can do repairs and organise the books ready for 2011.

**Jocelyn Hillier, Assistant Principal**

**LIBRARY STOCKTAKE:** The annual library stocktake will begin next week (week 8). This week ALL library books need to be returned in time for the stocktake. Please search at home for any missing or overdue books.

**Chris Wallace, Teacher/Librarian**

**STUDENT BANKING:** Banking is once again on this Friday. Keep the deposits coming in – it is great to see - either send a note in with your child's banking or phone Narelle on mobile 0414 282556. If you would like to swap your ten silver tokens for a gold token, just send in the silver tokens with the banking and we will send home one gold token



Friday, 10<sup>th</sup> December will be the final banking for this year.

**Banking Roster:** 26<sup>th</sup> Nov – Jess Pagotto & Narelle Passlow 3<sup>rd</sup> Dec – Corinne Milgate & Narelle Passlow

## P&C NEWS:

- P&C Christmas Party – We will be holding our P&C Christmas Party dinner at the Lismore Workers Golf Club Chinese Restaurant on Tuesday, 7<sup>th</sup> December at 7.00 pm at a cost of \$15 per head. Everyone who has volunteered or helped out throughout the year is encouraged to come along. This is a night for parents only to have a night off, relax and unwind.
- Remember, if you are buying new shoes for the family, **Athletes Foot**, Lismore will donate \$5 back to the school for each pair of shoes. Just mention that you are from *Wyrallah Road Public School* when you buy the shoes. A flyer will be sent home with students today.
- It's almost Christmas time and we are running the Christmas Hamper raffle again. Can each family please start to bring in an item for the hamper. Raffle tickets will go home next week with the newsletter.
- P&C Meeting this Wed in the staffroom with guest speaker Davis Willis 'For Our Future'. You may have heard in the media recently about the review in education to be carried out in the near future. This is a rare opportunity to have a say on the way federal funding is distributed to school. David will be presenting facts and information on how we (individually and as a committee) can make a difference.



We will be having our traditional Secret Santa (bring a \$5 gift).

RSVP and payment by 30<sup>th</sup> November. Any enquiries, please contact Amanda on 0439 434807.

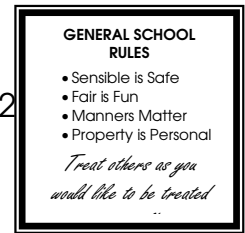
You are welcome to come for the presentation and then leave before the meeting begins or stay on and hear what's going on at WRPS, particularly discussions around the construction of an outdoor multi-purpose sports surface, our proposed project for spending by the P&C. Hope to see you there.

**Michelle Simpson, P&C President, 66290383**

**INTERRELATE:** We have information flyers relating to two Interrelate groups to be held this term.

They are: **Being a Dad** – starts on 22 November & runs for three sessions and

**Challenge of Disciplining your Child** – 6 December (1 session)



Dear Parents / Carers,

We wish to advise families of Wyrallah Road Public School that we have recently had a reported case of Chicken Pox.

Should your child/ren contract Chicken Pox, please refer to the information below. Additional information from the NSW Department of Health is also provided for your reference.

Thank you for your assistance in this matter,

Ralph Taylor  
**PRINCIPAL**

## **CHICKEN POX**

### **Time from exposure to illness**

2 to 3 weeks.

### **Symptoms:**

Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab. Can be more severe in pregnant women and newborns.

### **Do I need to keep my child home?**

Yes, for 5 days from the onset of the rash and the blisters have dried.

### **How can I help prevent spread?**

Immunise your child at 18 months of age. Immunisation is recommended for children at 12 years if they are not immune.



## What is Chickenpox?

- Chickenpox is a viral illness caused by the herpes zoster virus (also known as the Varicella- Zoster virus)
- In children it usually causes a relatively mild illness.
- Chickenpox in adults and immune-suppressed people can be severe.
- Infection in pregnancy can cause foetal malformations, skin scarring, and other problems in the baby.
- Before routine vaccination began in 2006, chickenpox was a very common illness. The incidence of chickenpox is likely to decrease as more people receive the vaccine.

## What are the symptoms?

- Chickenpox begins with a sudden onset of slight fever, runny nose, feeling generally unwell and a skin rash.
- The rash usually begins as small lumps that turn into blisters and then scabs.
- The rash appears over three to four days. At any one time, the lesions of the rash vary in stages of development.
- Symptoms usually occur two weeks after exposure to the virus.
- Most people recover without complications, but sometimes the infection can lead to serious complications, such as pneumonia and inflammation of the brain. Rarely, the infection can be fatal.

## How is it spread?

- Early in the illness, the virus is spread by coughing.
- Later in the illness, the virus is spread by direct contact with the fluid in the blisters.
- The infection is highly contagious to people who have never had chickenpox or who have not been immunised.
- People are infectious from one or two days before the rash appears (that is, during the runny nose phase) and up to five days after (when the blisters have formed crusts or scabs)
- Chickenpox infection triggers an immune response and people rarely get chickenpox twice.

## Who is at risk?

- Anyone who has not had chickenpox or been vaccinated in the past can get chickenpox.
- People with a past history of chickenpox are likely to be immune to the virus. Even adults with no history of chickenpox have a chance of being immune (because of past infection that was mild). Doctors sometimes perform a blood test to see if these people need a vaccination.

## How is it prevented?

- A free vaccine is now recommended for all children at 18 months of age and for children in their first year of high school who have not received chickenpox vaccine and who have not had chickenpox.
- The vaccine is also recommended for persons 14 years and over who are not immune. This involves 2 doses, 1 to 2 months apart. It is especially recommended for people at high risk, for example, health care workers, people living with or working with small children, women planning a pregnancy, and household contact of persons who are immune-suppressed.
- People with chickenpox should avoid others (and not attend childcare or school) until at least five days after onset of the rash and all the blisters have dried.
- People with chickenpox should cover the nose and mouth when coughing or sneezing, dispose of soiled tissues, wash their hands well and not share eating utensils, food or drinking cups.
- Pregnant women should avoid anyone with chickenpox or shingles and should see their doctor if they have been around someone with these illnesses.
- Children with an immune deficiency (for example, leukaemia) or who are receiving chemotherapy should avoid anyone with chickenpox or shingles as the infection can be especially severe.

## How is it diagnosed?

Most cases can be diagnosed based on the symptoms and by appearance of the rash. Sometimes the diagnosis is confirmed by testing samples taken from the rash or from blood.