

Nutrition Snippet

SIMPLE SWAPS.



Try our easy beef and veg sausage rolls

- ✓ Takes only 15 mins to prep and 25 mins in oven
- ✓ 1 serve of veg per portion
- ✓ Less fat, sugar and salt than store bought rolls
- ✓ Tasty and nutritious

For this recipe and more visit:

[healthyinbox.com.au](https://www.healthyinbox.com.au)



Cancer Council
Healthy Lunch Box